

## The Just Bento Cookbook Everyday Lunches To Go

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**The Just Bento Cookbook Everyday**  
In 2003 she started a blog about Japanese cooking called Just Hungry, and in 2007, a companion blog about bento box lunches called Just Bento. Just Hungry is the most popular blog about Japanese cooking in English, and Just Bento boasts more than 220,000 subscribers and millions of page views a month.

**The Just Bento Cookbook: Everyday Lunches To Go: Itoh ...**  
The Just Bento Cookbook: Everyday Lunches to Go. Healthy, attractive, and economical--bento-box meals will revolutionize your lunchtimes. Let Makiko Itoh, the Net's leading bento blogger, get you started on your bento journey! Healthy, attractive, and economical--bento-box meals will revolutionize your lunchtimes.

**The Just Bento Cookbook: Everyday Lunches to Go**  
To ensure fast and even cooking, cut the peppers into small, regular cubes. 1/2 Tbsp olive or other vegetable oil. 3 Tbsp roughly chopped green onion. 2 tsp peeled and finely chopped fresh ginger. 1/3 each medium-sized red, green, and yellow sweet peppers, de-seeded and cut into 1/2 inch (1 cm) ...

**The Just Bento Cookbook: Everyday Lunches To Go Kindle Edition**  
The Just Bento Cookbook clearly illustrates step-by-step methods, provides variations on themes, and delivers the same approachable type of instruction provided on the aforementioned sites. It does not overwhelm, but is not condescending, so it is a helpful tool for both the beginner and the experienced bento maker.

**The Just Bento Cookbook: Everyday Lunches To Go**  
More Just Bento Cookbook news: U.S. book events and availability ; News about The Just Bento Cookbook; The Just Bento Cookbook is one of the top 10 cookbooks of 2011 on Amazon.com ; The Just Bento Cookbook on Japanese TV, and how the Japanese media is looking at the spread of 'bento culture' overseas

**The Just Bento Cookbook**  
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**The Just Bento Cookbook: Everyday Lunches To Go**  
Now, for the first time, Itoh's expertise has been packaged in book form. The Just Bento Cookbook contains twenty-five attractive bento menus and more than 150 recipes, all of which have been specially created for this book and are divided into two main sections, Japanese and Not-so-Japanese.

**Japanese Cookbook for Everyday Cooking**  
Real Bento: Fresh and Easy Bentos from a Japanese Working Mom is a cookbook by a popular bento blogger in Japan called Kanae Inoue. She takes a very pragmatic, streamlined approach to making bentos, based on her years of making them for her three children for many years - a boy (who is now in college and living away from home) and two girls.

**Bento**  
The Just Bento Cookbook: Everyday Lunches to Go. Paperback – Illustrated, 1 Nov. 2010. by, Makiko Itoh (Author) › Visit Amazon's Makiko Itoh Page. search results for this author. Makiko Itoh (Author) 4.6 out of 5 stars 696 ratings. Book 1 of 2 in the Just Bento Cookbook Series.

**The Just Bento Cookbook: Everyday Lunches to Go Paperback ...**  
The Just Bento Cookbook: Everyday Lunches to Go Makiko Itoh. 4.7 out of 5 stars 831. Paperback. \$18.91. Japanese Cookbook for Beginners: Classic and Modern Recipes Made Easy Azusa Oda. 4.4 out of 5 stars 115. Paperback. \$16.99.

**Just One Cookbook Essential Japanese Recipes**  
In The Just Bento Cookbook 2, Makiko Itoh offers tips, tricks, and strategies to help busy people everywhere. Here are 48 menus and 200 all-new recipes for make-ahead or quick-to-assemble bento dishes that also feature many vegetarian and low-carb options.

**The Just Bento Cookbook 2: Make-Ahead, Easy, Healthy ...**  
The Just Bento Cookbook: Everyday Lunches to Go retails for \$19.95, but is much cheaper at Amazon, where there are also sample recipes. This book will inspire you. It may inspire you to create...

**Review: The Just Bento Cookbook: Everyday Lunches to Go**  
Turn an everyday favourite into an edible centrepiece with kawaii sushi creations from celebrity bento artist, Little Miss Bento, Shirley Wong. In this handy cookbook, Shirley shares fresh ideas for making deco sushi - dainty, attractive morsels of rice - that are not only a feast for the eyes, but for the palate as well.

**[PDF] Just Bento Cookbook The Everyday Lunches To Go ...**  
With 25 delicious recipes (using multiple types of protein, including chicken, pork, shrimp, salmon, and tofu), this book offers great options for a changing and delicious meal every day of the week. Child-friendly recipes that are filling for adults as well fill this book, and the recipes are easy to follow and prepare the night before or the morning of.

**Amazon.com: Customer reviews: The Just Bento Cookbook ...**  
The Just Bento Cookbook contains twenty-five attractive bento menus and more than 150 recipes, all of which have been specially created for this book and are divided into two main sections, Japanese and Not-so-Japanese. The Japanese section includes classic bento menus such as Salted Salmon Bento and Chicken Karaage Bento, while the Not-so-Japanese section shows how Western food can be adapted to the bento concept, with delicious menus such as Summer Vegetable Gratin Bento and Everyone Loves ...

**The Just Bento Cookbook : Everyday Lunches To Go**  
Bento fever is sweeping the world fuelled by its promise of superb food that is economical and healthy in these tough economic times. "The Just Bento Cookbook" contains 25 attractive bento menus and more than 150 recipes, all of which have been specially created for this book.

**The Just Bento Cookbook: Everyday Lunches to Go | Eat Your ...**  
A leading light in the popularization of bento has been Makiko Itoh, whose blog, Just Bento, has nearly 160,000 subscribers in the U.S. alone, all of whom love her delicious recipes and practical bento-making tips. Now, for the first time, Itoh's expertise has been packaged in book form. The Just Bento Cookbook contains 25 attractive bento menus

**Just Bento Cookbook Ser.: The Just Bento Cookbook ...**  
From the creators of the website Japanese Cooking 101, Simply Bento is a complete collection of over 140 delicious and healthy bento recipes for everyone in the family. Ready to make lunch quick, eas... More

**Books similar to The Just Bento Cookbook: Everyday Lunches ...**  
The Just Bento Cookbook contains 25 attractive menus and more than 150 recipes, all of which have been specially created for this book and are divided into two main sections, Japanese and Not-so-Japanese.

**The just bento cookbook : everyday lunches to go (Book ...**  
From Just Bento: Chicken and Three-Color Pepper Stir-fry Bento This beginner bento is made with everyday ingredients that you may already have in your pantry. It can be assembled in twenty minutes or less without any advance preparation. It's a good one to start your bento-making adventures with.

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