

# Aikido An Introduction To Tomiki Style

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Aikido: an Introduction to Tomiki-Style by M. J. Clapton is an excellent volume on techniques and kata of the unique Tomiki style of aikido. The book focuses on the execution, application and variations of Randori-No-Kata, the 17 basic techniques of free practice.

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## **Aikido An Introduction To Tomiki Style**

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Aikido is an excellent form of both physical and mental exercise. It is considered a "soft" art because of the lack of kicks and punches. Aikido is ideal for just about everyone, from teens to grandparents; it is especially attractive to women because it does not require the tremendous amount of strength required by other martial arts. Competition is not required to advance in Tomiki Aikido, but it does help sharpen your skills and provides a chance to practice what you have learned with ...

## **Is Tomiki Aikido for You? - TOMIKI AIKIDO**

Kenji Tomiki (剛柔 謙二, Tomiki Kenji, March 15, 1900 – December 25, 1979) was a Japanese aikido and judo teacher and the founder of competitive aikido (aikido kyogi) style. The style is referred by several names including Tomiki Aikido, Shodokan Aikido and Sport Aikido. Tomiki was one of the early students of

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the founder of aikido Morihei Ueshiba, beginning in 1926, and also of Jigoro Kano, the founder of judo.

## **Kenji Tomiki - Wikipedia**

Kenji Tomiki (田代 健二) began training under Aikido Founder Morihei Ueshiba in Daito-ryu Aiki-jujutsu in 1926. He was largely responsible for the compilation and editing of the text in Morihei Ueshiba's 1933 training manual "Budo Renshu" (published in English under the name " Budo Training in Aikido "), and was later appointed to be Morihei Ueshiba's representative at Kenkoku University in Japanese occupied Manchuria.

## **Aikido Shihan Kenji Tomiki's Goshinjutsu**

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## **Aikido An Introduction To Tomiki Style**

Professor Tomiki and kenkyuu (research) August 31, 2018. Recently Bob Dziubla Sensei gave me the opportunity to digitize his personal copy of an out of print book Professor Tomiki wrote in 1956. The work is called Judo and Aikido, and it was written as a basic introduction to these two arts from a sport perspective.

## **Recent Articles - TOMIKI AIKIDO**

Tomiki was an instructor at Aikikai Hombu Dojo after the war, but a division gradually developed over the issue of competition in Aikido and the division grew into a split between Tomiki and the Aikikai organization when Tomiki established his Shodokan Dojo in 1967 to refine his teaching methods and then held public tournaments beginning in 1970.

## **Kenji Tomiki: Judo Taiso - a method of training Aiki no Jutsu**

Tomiki Sensei believed that a "rationalization" of Aikido training, along the lines that Kano Sensei followed for Judo would make it more easily taught, particularly at the Japanese Universities. In addition, he believed that introducing an element of competition

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would serve to sharpen and focus the practice since it was no longer tested in real combat.

## **The Aikido FAQ: Introduction To Aikido**

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## **Aikido : an introduction to Tomiki-style Randori-No-Kata**

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I will be pleased if this simple article is useful to everyone following our aikido. An encounter. Tomiki Shihan was born in Kakunodate, Akita Prefecture but before talking about him, I would like to introduce myself. My hometown is also in the North-East of Japan. I was born on 21st November 1947, the first of two sons of my father Hachiro and ...

## **Kenji Tomiki's Teachings < Aikido | Shodokan Aikido Federation**

Tomiki Aikido is one of those martial arts with a message : “non-fighting in a fight is the key to victory”. This book is an introduction to the “non- fighting” system of aikido. 7

## **The Secret Weapon of Aikido**

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Tomiki also intended for his kata to embody the principles of his aikido, but unlike in judo, where the study of kata usually comes after a practitioner is already familiar with the mechanics of a technique and has experience with randori, in Tomiki Aikido the randori no kata serves as the introduction to technique.

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